

2004 Middle School Nutrition and Physical Education Marketing CD

Table of Files

Files are in Microsoft Word Unless Otherwise Noted

2004 Middle School Marketing Memos and Notices	
Principal Memo	
Manager Memo	
Team Nutrition and Civil Rights Assurance	
Power Point Presentations	
Maintaining a Healthy Weight Presentation	Power Point
School Meal Trends	Power Point
School Wellness Program—Insert your district name where Thompson R2J Appears	
Health Journal	MS Publisher
Longs Peak Challenge	MS Publisher
Point Tracker	MS Publisher
Staff Wellness	MS Publisher
Staff Wellness Flyer	MS Publisher
Parent Newsletter Articles (short)	
Breakfast	
Calcium	
DG (dietary guideline)	
Dietary guideline	
Food Guide Pyramid	
Get Fit	
New Foods	
Serving Size I	
Serving Size II	
Smart Snacks	
Fruit, Vegetable & Calcium Promotion Materials	
Veggie/Fruit Promotion Time Line	
Broccoli	
Broccoli Poster	
Calcium	
Cauliflower	
Cauliflower Poster	
Cucumber	
Cucumber Poster	
Grapefruit	
Grapefruit Poster	
Pear	
Pear Poster	
Spinach	
Spinach Poster	
Strawberry	
Strawberry Poster	
Tangerine	
Tangerine Poster	
Reference Materials	
Soft Drinks Obesity and Type II Diabetes	
Position paper Type II Diabetes	
Preventing Child Obesity	pdf
Team Nutrition Materials	
Team Nutrition Ideas	
Physical Education/Nutrition Lessons	
Grades K-2	
Apples, Apples Everywhere	
Fishing for Nutrition	
Food Group Craze	
Hungry Caterpillar	
Pancake Express	
Vegetable Munchers	

Grades 3-5
Dribbling for Nutrition
Food Group Fitness Relay
Food Groups
Healthy Island
Nutrition
Pedometer Calorie Counter
Vegetable and Fruit Challenge
Grades 6-8
Calculating Fat, Carbohydrates & Protein
Food Pyramid Game
Healthy Eater
Internet Nutrition
Nutritional Budgeting
Nutritional Fitness
Sugar for Breakfast
Grades 9-12
Do You Realize What You're Eating
What is Cholesterol